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Sam Singleton - Press Kit

Memoir & Autofiction Author

Short Bio

Sam Singleton is a memoir and autofiction author whose work explores the intersections of memory, grief, and resilience. His debut, *The Room: When the Door Opens*, is currently in progress, the first in a planned four-book series. Through narrative experimentation and deeply personal storytelling, Singleton's writing examines the echoes of love and loss and the ways we grow through them. He lives in the UK and shares reflections with readers through his monthly newsletter.

Extended Bio

Sam Singleton is a memoir and autofiction author whose work explores memory, grief, and the fragile ways we learn to live with both. His writing blends lived experience with a literary sensibility, moving between the factual and the fictional to capture not only what happened, but how it is remembered and reshaped.

His debut project, *The Room: When the Door Opens*, is the first in a planned four-book series. Across these volumes, Singleton examines how silence, absence, and collapse become part of a life story, and how connection and resilience gradually emerge from those fractures. Each book develops the central motif of “the Room,” a metaphorical space where inner voices of grief, rage, shame, and hope wrestle for expression.

Singleton’s work is deeply personal yet universal, drawing on the traditions of memoir while borrowing the techniques of fiction to blur the boundary between truth and story. Themes of love, loss, belonging, and self-reconstruction run through his writing, inviting readers to reflect on the echoes of their own memories.

In addition to his books, Singleton shares monthly letters with readers, offering early pages, behind-the-scenes notes, and reflections on the creative process. He lives in the UK, where he is at work on the continuation of *The Room* series and other projects exploring the intersections of personal memory and collective experience.

Current Work

Title: *The Room: When the Door Opens*

Genre: *Memoir / Autofiction*

Status: *In progress (first draft complete)*

Series: *First in The Room series (4 planned volumes)*

Blurb: A story of memory, love, and loss, *The Room: When the Door Opens* traces the collapse of one life and the slow, fragile reconstruction that follows. Through echoes of grief and moments of connection, it asks how we carry absence, and how we dare to begin again.

Future Works

Title: *The Room: After the Silence*

Genre: *Memoir / Autofiction*

Status: *Planned*

Series: *Second in The Room series (4 planned volumes)*

Blurb: The second book will follow on from the collapse that closes book one. Where the first volume ends in absence, this one begins with the attempt to move forward. It will explore the struggle of rebuilding after heartbreak, the slow process of personal growth, and the tentative steps toward new connection. Themes of resilience, recovery, and self-forgiveness take center stage as the Room reshapes around the possibility of healing.

Title: *The Room: Echoes of Belonging*

Genre: *Memoir / Autofiction*

Status: *Planned*

Series: *Third in The Room series (4 planned volumes)*

Blurb: Book three widens the lens. If the first two books are about intimate loss and recovery, this volume asks what belonging means in a broader sense, in family, in community, in the legacies of memory. The Aspects of the Room will confront not only personal grief but the deeper echoes of identity and history that shape how we love and how we are seen.

Title: *The Room: Light in the Doorway*

Genre: *Memoir / Autofiction*

Status: *Planned*

Series: *Fourth in The Room series (4 planned volumes)*

Blurb: The fourth book brings the series full circle. It revisits the earliest wounds introduced in Book one and follows them into a place of reconciliation. This volume asks how writing itself can become part of healing, how memory can be carried without breaking, and how even voices born of grief can make room for light.

Author Photos

High-resolution author headshots available upon request or via website download.

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